



Community Safety News

White Ribbon Day

White ribbons will be worn world-wide on November 25 as people pledge never to commit, condone or remain silent about violence against women.



If domestic abuse is an issue which is affecting you, or someone you know, help is available locally and through national helplines.

For a full list of services available in North Hampshire, visit www.safernh.co.uk or contact one of the following: IDASH (Integrated domestic abuse service for Hampshire) 0330 0165 112; Womens Aid 0808 2000247; Mankind 01823 334244; Male Advice line 0808 801 0327; National LGBT Domestic abuse helpline 0300 999 5428.

If you are worried about your own controlling or abusive behaviour, contact Respect on 0808 802 4040.

Anti-bullying Week

Anti-bullying week takes place from November 14-18, and is co-ordinated by the Anti-Bullying Alliance. Follow events on social media using #antibullyingweek and #power for good.



The theme this year is 'Power for Good' and it has the following key aims:

- To support children and young people by encouraging them to take action to stop bullying.
- To help parents and carers support children with issues relating to bullying and work together with schools to stop bullying.
- To encourage teachers, school staff and youth workers to value the difference they can make in a child's life, and encourage them to take action to prevent bullying and create safe environments where children can thrive.

You can read more about bullying on the following websites:

- www.nspcc.org.uk
- www.childline.org.uk
- www.bullying.co.uk

Aldershot Town FC Football in the Community

Come along to Monday night football at Peter Driver Playing Field, Church Crookham:

5pm—6pm for 5 to 8 years
6pm—7pm for 9 to 12 years



£3 per session, pay on play basis.
No booking needed—just turn up and play!

For more information, call 01252 339384 or email FITC@theshots.co.uk

Alcohol Awareness Week

Alcohol Awareness Week runs from 14th-20th November, and this years theme is 'Knowing the Risks'.



Did you know?

- More than nine million people in England drink more than the recommended daily limits.
- An estimated 7.5 million people are unaware of the damage their drinking could be causing.
- Alcohol is one of the three biggest lifestyle risk factors for disease and death in the UK, after smoking and obesity.
- Alcohol is linked to over 60 medical conditions including: mouth, throat, stomach, liver and breast cancers; high blood pressure cirrhosis of the liver and depression.
- In the UK, in 2014 there were 8697 alcohol related deaths.
- Liver disease is one of the few major causes of premature mortality that is increasing.
- Alcohol-related crime in the UK costs between £8bn and £13bn per year.
- A fifth (20 per cent) of all violent incidents in 2013-14 took place in or around a pub or club.

Fleet Festivities

The annual Fleet Christmas Festival will take place on Wednesday November 23 from 3pm to 9pm in Fleet High Street.



